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The University of Alberta has joined our SEA Program partners!

Until this summer, the SEA program had only two partners, Bangor University in Wales and Dublin City University in Ireland, but starting spring holiday 2024, students can also study at the University of Alberta in Canada. The course will last four weeks, from February to March, 2024.

Students will also be able to study at the university in the summer of 2024. If you are considering a summer study abroad program next year, please include the University of Alberta in your list of candidates!

(For more information on the SEA program, read page 2.)

How About a Booodle Fight? – Sharing our Culture

Silvalou Monroy-KADOTA (Assistant Professor)



Are you ready for a fight?

When we hear the word “fight”, we often think of clashing muscles and pain. However, in the Philippines, we have one different kind of fight that everyone would love to be part of. A fight that will leave you breathless with satisfaction and guarantees you a good time. A “booodle fight”!

A booodle fight is a large feast that is shared with family and close friends without formalities. It is one Filipino tradition that offers a selection of local dishes served in one whole table spread over large banana leaves. Filipinos just love to eat. In the center of the table is an enormous serving of rice for everyone. Around it on the sides, a selection of local delicacies like grilled seafoods, meats, fruits, and vegetable slices are laid out. However, the most unique thing about a booodle fight is that people who share the meal eat by hand and do not use any utensils. We call this practice “kamayan”, from the word “kamay” meaning hands. Don’t worry, everyone washes their hands before the meal.

But how did the booodle fight start in the

Philippines? Well, it is said that the origin of the booodle fight phenomenon is the traditional military eating combat style wherein hungry soldiers gather around a table and eat with their hands while standing. They say this symbolizes camaraderie, brotherhood, and equality in the military. The word “booodle” is an army slang for certain treats and “fight” refers to the act of grabbing and eating as much as the soldier can before others grab them.



Today, local restaurants in the Philippines now offer this unique feast as part of their menu. It is also said to be catching on around the world ... selective restaurants in the US, Middle East and New Zealand are beginning to offer it, too!

So, the next time you are in the mood for a fight, why not try a booodle fight. You are definitely guaranteed a good time, the Filipino way!

My Experience in France

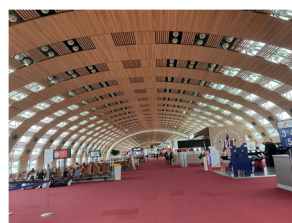
Nao INOUE (Faculty of Law & Letters)



Hello, my name is Nao Inoue. I belong to faculty of law and letters, and I was studying abroad in France in the second semester of 2022 academic year. I studied at Bourgogne University in Dijon. Have you ever been to Dijon? It is located between Paris and Lyon. Also, Dijon is famous for red wine, which is loved all over the world.

I learned Sightseeing and Marketing, because I am interested in how tourism, and regional revitalization can boost the economy.

I am an outgoing person, so it was not difficult for me to make friends. One of the most difficult things was to cook by myself. Actually, I am good at cooking, and I usually make



Charles de Gaulle International Airport

lunch and dinner by myself at home. However, unlike Japan, the supermarkets in France, the



Bourgogne University

food are sold in large quantities, it was difficult to store all the food in my apartment. In addition, it was also hard to make use of the locally French ingredients in cooking and to cook that would match the local food culture.

I think that the most important thing is to prepare carefully. I worked part-time to earn money for studying abroad and worked to improve my language skills. I am glad to fulfill my aims to study abroad. In the future, I want to give back to those who supported me with English and the knowledge I have learned.

Upcoming Events

- University Festival
Nov 10 - 13
- Winter School Holiday
Dec 24 - Jan 7
- University Entrance Exam
Jan 13 - 14
- GTEC Academic for 1st year students
Jan 22 - 30

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Feature: Learn More About the SEA Program!



What is the "SEA Program"?

"SEA Program" stands for "Study English Abroad Program" and is a study abroad program open to students from any faculty or department of Ehime University.

Participants in this program can earn 2 credits as a developmental course.

What universities are available?

Students can study at Bangor University in the UK, Dublin City University in Ireland, and the University of Alberta in Canada.

How long are the programs?

We offer short-term study abroad programs lasting approximately one month and medium-term programs lasting three months or longer.

Can I request a homestay?

Yes. All three partner universities offer homestays during the program.

When is the deadline to apply?

Deadlines vary depending on the program. Applications close as early as four months before departure, so we recommend that you start gathering information as early as possible.



OUTLINE OF STUDY ABROAD PROGRAMS

SHORT-TERM PROGRAMS					
Season	Name of University	Country	Course Duration	Number of weeks	Apply before:
Summer	Bangor University	UK	late Aug - late Sep	3 weeks	mid May
	Dublin City University	Ireland	early Aug - early Sep	3 weeks	early May
	University of Alberta	Canada	(Details TBD)	(TBD)	(TBD)
Spring	Dublin City University	Ireland	late Feb - mid Mar	3 weeks	mid Jan
	University of Alberta	Canada	Feb - Mar	4 weeks	mid Oct

MEDIUM-TERM PROGRAMS				
Name of University	Country	Course Duration	Number of weeks	Apply before:
Bangor University	UK	late Aug - mid Dec	15 weeks	mid May
		mid Jan - late Mar	12 weeks	early Oct

What is the city of Bangor like?

Bangor is a comparatively small city of 25,000 people located in northwest Wales, the UK, and is an academic city where about half the population is university students. The city is rich in nature and relatively safe.



In Wales, English and Welsh are the two official languages. The Welsh people know how difficult it is to learn two languages, so they are very warm and welcoming to students learning a second language.

What is the city of Dublin like?

Dublin is the capital of Ireland and is located on the eastern side of the island of Ireland. With a population of



approximately 520,000, it is similar in size to the city of Matsuyama. The city is dotted with many tourist attractions and there is no shortage of places to shop and dine.

Which city is the University of Alberta located in? What is the city like?

The University of Alberta is located in Edmonton, the capital of the province of Alberta. Edmonton is a large city with a population of approximately 1,000,000. The North Saskatchewan River flows through the city and there are many parks in the surrounding area.



Edmonton is a festival city of Canada, hosting all kinds of festivals throughout the year. Aside from festivals, it is known for its climate: beautiful summer and harsh winter. It should be highlighted that it enjoys sunny weather, even in winter.